

# Insurance Plan Information | Aetna

At Arrowhead Health Centers, we like to make sure you have a simple, efficient experience. Knowing how your insurance affects the experience you have with us is very important. Please review the specific details of your plan below.



Plan Name	Choice POS II	EPO	HMO, POS	PPO
Arrowhead Health Centers' Overall Ease of Use Rating	★★★★☆	★★★★☆	★★★☆☆	★★★★☆
Treatment/Procedures performed at Arrowhead Health Centers				
Primary Care	✓	✓	✓	✓
Depression/Anxiety Care	✓	✓	✓	✓
Annual Exams	✓	✓	✓	✓
PT/Rehab	✓	✓	✓	✓
Chiropractic	✓	✓	✗ ((\$45 Self-Pay Rate))	✓
Pain Management	✓	✓	✓	✓
Interventional Pain Management	✓	✓	✓	✓
Diagnostic services performed at Arrowhead Health Centers				
Blood Draws/Lab Work	✓ (\$15 convenience fee)	✓ (\$15 convenience fee)	✓ (\$15 convenience fee)	✓ (\$15 convenience fee)
Bone Density	✗ (40% TOS Discount)	✗ (40% TOS Discount)	✗ (40% TOS Discount)	✗ (40% TOS Discount)
X-Ray	✓	✓	✓	✓
Nerve Testing	✗ (40% TOS Discount)	✗ (40% TOS Discount)	✗ (40% TOS Discount)	✗ (40% TOS Discount)
Cardiovascular Ultrasound	✓	✓	✓	✓
EKG	✓	✓	✓	✓
Referrals outside of Arrowhead Health Centers				
Specialists	✓	✓	✓	✓
Advanced Imaging (MRI, CT, PET)	✓	✓	✓	✓
Other Imaging (Bone Scan, Ultrasound)	✓	✓	✓	✓

- ✓ No notable limitations. Very easy to obtain necessary healthcare services. Normal copays & deductibles apply.
- ✓ Some minor limitations in obtaining healthcare services. Authorizations or referrals are required but not difficult to obtain.
- ✓ Moderate limitations in obtaining healthcare services. Copays may be higher than what is typical.
- ✗ Significant limitations in obtaining healthcare services. Higher copays should be expected. Arrowhead Health Centers always offers cash pay rates for these services for your convenience.
- ✗ Severe limitations in obtaining healthcare services. For your protection, Arrowhead Health Centers will not contract with a plan if this condition exists.



**Arrowhead Health Centers**  
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This document serves as a summary of your plan and is not a guarantee of coverage. Please ask your insurance if you are unsure of your coverage.