

Insurance Plan Information | Cigna

At Arrowhead Health Centers, we like to make sure you have a simple, efficient experience. Knowing how your insurance affects the experience you have with us is very important. Please review the specific details of your plan below.



Plan Name	Cigna HealthSpring HMO & HMO SNP	HMO	Open Access Plus	PPO
Arrowhead Health Centers' Overall Ease of Use Rating	★☆☆☆☆	★☆☆☆☆	★☆☆☆☆	★☆☆☆☆
Treatment/Procedures performed at Arrowhead Health Centers				
Primary Care	✓	✓	✓	✓
Depression/Anxiety Care	✓	✗	✗	✗
Annual Exams	✓	✓	✓	✓
PT/Rehab	✓	✗ (40% TOS Discount)	✗ (40% TOS Discount)	✓
Chiropractic	✓	✗ (40% TOS Discount)	✗ (\$45 Self-Pay Rate)	✗ (\$45 Self-Pay Rate)
Pain Management	✓	✓	✓	✓
Interventional Pain Management	✓	✗ (40% TOS Discount)	✓	✓
Diagnostic services performed at Arrowhead Health Centers				
Blood Draws/Lab Work	✓	✓ (\$15 convenience fee)	✓ (\$15 convenience fee)	✓
Bone Density	✓	✗ (40% TOS Discount)	✗ (40% TOS Discount)	✓
X-Ray	✓	✗ (40% TOS Discount)	✗ (40% TOS Discount)	✓
Nerve Testing	✓	✗ (40% TOS Discount)	✗ (40% TOS Discount)	✓
Cardiovascular Ultrasound	✓	✗ (40% TOS Discount)	✗ (40% TOS Discount)	✓
EKG	✓	✓	✓	✓
Referrals outside of Arrowhead Health Centers				
Specialists	✓	✓	✓	✓
Advanced Imaging (MRI, CT, PET)	✓	✓	✓	✓
Other Imaging (Bone Scan, Ultrasound)	✓	✓	✓	✓

- ✓ No notable limitations. Very easy to obtain necessary healthcare services. Normal copays & deductibles apply.
- ✓ Some minor limitations in obtaining healthcare services. Authorizations or referrals are required but not difficult to obtain.
- ✓ Moderate limitations in obtaining healthcare services. Copays may be higher than what is typical.
- ✗ Significant limitations in obtaining healthcare services. Higher copays should be expected. Arrowhead Health Centers always offers cash pay rates for these services for your convenience.
- ✗ Severe limitations in obtaining healthcare services. For your protection, Arrowhead Health Centers will not contract with a plan if this condition exists.



Arrowhead Health Centers
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This document serves as a summary of your plan and is not a guarantee of coverage. Please ask your insurance if you are unsure of your coverage.